Anyone who has never made a mistake has never tried anything new.

Albert Einstein

**Growth vs Fixed Mindset Refresher**

**Growth Mindset:**
- Sees failure as a challenge
- Loves problem solving
- Always learning
- Fearless

**Fixed Mindset:**
- Afraid of failure
- Avoids problems
- Stays within comfort zone
- Hates change

**Growth Mindset Conversation Starters**

*Ten Growth Mindset Questions to Ask Your Kids*

1. What did you do today that made you think hard?
2. What challenges or problems have you worked on today?
3. Can you think of something new you tried today? What was it?
4. Was there anything that made you feel stuck today? ...Great! What other ways might be there to solve this?
5. What did you learn today outside of school?
6. Can you think of a mistake you made today? ...Great. How can you use this mistake to do better next time?
7. Is there anything you are struggling with? Excellent! What new strategies can you try next?
8. Can you think of something you could have done better today? ...Great! Who can you ask feedback from to make it better?
9. Is there something you would like to become better at doing?
10. Can you think of anything that was easy for you today? ...Great! How can you make this more challenging?

*Ask your child one of these questions tonight!!!*

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**Steps to Establishing a Healthy Media Diet**

Children are watching how the adults in their lives do everything and that includes their use of technology. Adults are kids’ biggest role models!

- **Find balance.**
  - Create limits for screen time. Work in time for chores, activities, and homework.
- **Establish tech free zones and times.**
  - No devices during dinnertime, important conversations, or when driving.
- **Talk about it.**
  - Discuss ideas or issues that are learned through a TV show or game. (This is a good time to share values.)

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**Testing Information for April**

- Students in grades 3 – 5 will be involved in the End of the Year (E0Y) NWEA assessments in reading and math. Testing started on March 26th and runs through April 12th.
- The results of the reading assessment will determine which 4th and 5th grade students will be attending Summer School.

**Additional Testing Information:**

- mClass DIBELS EOY testing window for grades K – 3 will take place between April 29th – May 10th. Results from this test will determine which K – 3rd grade students will attend Summer School.
- SBAC testing for students in grades 3 – 5 will take place between May 13th – May 31st,