Growth Mindset
Parent’s Guide to a Growth Mindset
by Life Journal

The brain is like a muscle. Remind your child when they learn their brain grows. The feeling that something is hard is the feeling that their brain is growing!

Praise for:
- Effort
- Strategies
- Progress
- Hard Work
- Persistence
- Learning from a mistake
- Rising to a challenge

Don’t Praise for:
- Talent
- Being Smart
- Born Gifted
- Fixed Abilities
- Not making mistakes

Failures & Mistakes = Learning: Say:
- “Mistakes help you improve.”
- “You can learn from your mistakes.”
- “Let’s see what other strategies you can try.”

The Power of “YET”: Say:
- “You can’t do it YET.”
- “You don’t know it YET.”
- “If you learn and practice, you will.”

Ask:
- “What did you do today that made you think hard?”
- “What new strategies did you try?”
- “What mistake did you make that taught you something?”
- “What did you try that was hard today?”

Monthly Drills
In order to keep your children safe we practice a variety of drills.
- Fire Drills
- Lockdown Drills
- Evacuation Drills

In January, we had a cold weather fire drill. What this means is the students took the time to get their coats and then left the building following fire drill protocol. Even with the time needed to put on coats, the students exited the building quickly and quietly.

Come Support our Dodgeball Event!!
The Marvin staff will play dodgeball against the Naramake staff on Friday, February 22nd. The game, beginning at 6:30, will be held at Norwalk High School. Doors open at 6:00. The two staffs are excited about the game. Please see the flyer that has been sent home. You will also find a flyer located on the Marvin website!