Teaching Children to be Problem Solvers

Whether it’s a toy-related conflict, a tough math equation, or negative peer pressure, kids of ALL ages face problems and challenges on a daily basis.

As parents or teachers, we can’t always be there to solve every problem for our children. In fact, this isn’t our job. Our job is to TEACH our children how to solve problems by themselves. This way, they can become confident, independent, and successful individuals.

Instead of giving up or getting frustrated when they encounter a challenge, kids with problem-solving skills manage their emotions, think creatively, and persist until they find a solution.

So HOW do you teach problem-solving skills to kids?

Well, it depends on their age. As cognitive abilities and the size of the child’s challenges grow/evolve over time, so should your approach to teaching problem-solving skills.

Tell me & I forget
Teach me & I may remember
Involve me & I learn

More problem strategies will be included each month in the newsletter!!

All information comes from biglifejournal.com